

SPOTLIGHT

LMHI E-NEWSLETTER



01/18

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Dear Colleagues,

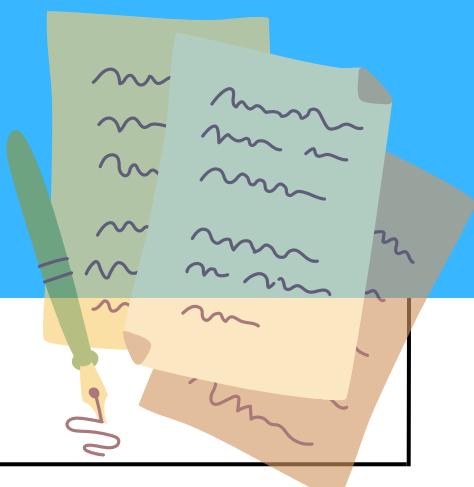
As an eventful year comes to a close, I am happy to bring this issue of LMHI Spotlight reporting several positive and constructive events from across the globe. Homeopathy was well represented in the important world TCM congress in Brazil as well as on important multi government forums such as the Shanghai Co-operation Organization (SCO). Several important, well attended and academically rich congresses were held by various homeopathic associations as well as the patient association EFHPA and we bring to you, reports from Mexico, South Africa and Switzerland. An important article by Dr Manchanda will update the reader on the current state and future prospects of our potential collaboration with the WHO. Our regular section on the experiences of a young colleague will include Dr Olga Dimer from Russia. We hope you find this issue interesting and informative.

I take this opportunity to convey Season's Greetings on behalf of the entire LMHI Executive Committee – **We wish you a Merry Christmas and a very Happy, healthy and prosperous upcoming new Year 2026!**

Best Greetings,
Dr Aditya Pareek
LMHI Secretary – Publications



MESSAGE FROM LMHI SECRETARY FOR PUBLICATIONS



3RD WORLD CONGRESS OF TRADITIONAL, COMPLEMENTARY AND INTEGRATIVE MEDICINE

Dr. Gloria Feighelstein



The 3rd World Congress of Traditional, Complementary and Integrative Medicine was held between October 15th and 18th, 2025, in Rio de Janeiro, offering an exchange of knowledge, life, and friendship among 67 countries, primarily addressing research and clinical case presentations, demonstrating the importance of Traditional and Complementary Integrative Medicine in Public Health WorldWide.

It was a great opportunity for Homeopathy to showcase its effectiveness in disease prevention and holistic patient healing.

A Round Table on Homeopathy at the Pre-Congress and the inclusion of Homeopathy in Dentistry in the Panel on Research in Homeopathy with the areas of Medicine, Dentistry, Veterinary Medicine, Pharmacy and Agronomy, composed of distinguished speakers: Drs: Alexander Tournier, Stephan Baumgartner, Carla Holandino, Cideli Coelho, Pedro Boff and representing, as Secretary of Dentistry, the LMHI – Liga Medicorum Homeopathica Internationalis, Dr. Gloria Feighelstein, addressing a vast work of more than twenty years, presenting the Evolution of Homeopathic Dentistry in Brazil and in the World.

Her Lecture focussed on strengthening the patient both in their biological capacities of health maintenance as in those of self-care, besides promoting a humanized attention by the trained health professionals. Her work reflected how the therapeutic possibilities of Homeopathy in Dentistry can be applied in all procedures and areas of dental specialties: Minor Oral Surgery, Bucomaxillofacial Surgery, Restorative Dentistry, Endodontics, Implantodontics, Pediatric Dentistry, Orthodontics, Functional Jaw Orthopedics, Odontogeriatrics, Public Health, Stomatology, Periodontics, Prosthetics, Radiology and Patients with Special Needs.

The LMHI's scientific, political, and regulatory principles uphold the integrity of Homeopathic Science.



HSA NATIONAL CONGRESS 2025: A Landmark Gathering for Homeopathy in South Africa

Dr. Bianca De Canha Sayers



The Homeopathic Association of South Africa (HSA) proudly hosted a highly successful National Congress in 2025, bringing together practitioners, students, industry leaders, and international guests for an inspiring and forward-looking event.

The Congress was the result of over 20 months of dedicated planning by an exceptional organising committee, whose efforts created a programme that was both intellectually enriching and professionally uplifting. Attendance exceeded expectations, with delegates travelling from across South Africa to participate, reflecting the growing strength and unity of the homeopathic community. Industry support was outstanding, with exhibitor stands selling out in record time. The HSA was honoured to partner with leading sponsors and exhibitors whose support ensured the Congress remained accessible while delivering a world-class experience. Delegates engaged deeply with both local and international speakers and reported high levels of inspiration, learning, and professional renewal.

Hosted at the historic Mount Nelson Hotel in Cape Town, the Congress was complemented by exceptional hospitality and cultural highlights, including the first-ever screening of the homeopathic documentary *Introducing Homeopathy* at the iconic Labia Theatre. The event concluded with vibrant celebrations that reflected the collegial spirit and optimism of the profession.

The success of the HSA National Congress 2025 stands as a testament to the vitality of homeopathy in South Africa. Plans are already underway for the next Congress, to be held in KwaZulu-Natal in 2027.

HOMA RESEARCH PROJECT PRESENTATION

During EFHPA's General Assembly in Switzerland in early November, participants were delighted to hear Professor Stefan Baumgartner's presentation on the HOMA research project. Professor Baumgartner is Senior Researcher at the Institute for Complementary and Integrative Medicine (IKIM), Bern University.

He explained that the HOMA project will undertake a series of systematic reviews to evaluate the clinical efficacy, effectiveness, and safety of homeopathic preparations (HPs) in the treatment and prevention of approximately eleven health conditions. Importantly, the project will involve patients from around the world to gain a global perspective. The project is ground-breaking because it will actively engage patients for the first time, and aims to produce high-quality, patient-centred reviews which are both scientifically robust and easy to understand for participants.

A key objective is to strengthen and standardise patient involvement across all systematic reviews, partnering with EFHPA.

Several patients will serve as advisors, not research subjects, for each indication. Their roles may include:

- Choice of outcomes and patient centeredness
- Understanding and perception
- Relevance and meaning

The project team is committed to meaningful patient participation, ensuring that the reviews reflect real-world experiences and are accessible to all users.

The patients involvement project is expected to start in late 2025 and continue into 2026. More information will follow soon!



SCO TRADITIONAL MEDICINE FORUM Strengthens Cooperation, Launches New Platform with Russia as Key Participant

Large-Scale Forum on Traditional Medicine of the Shanghai Cooperation Organization (SCO) Held in China



A large-scale Forum on Traditional Medicine of the Shanghai Cooperation Organization (SCO) was held in China. The event brought together high-ranking officials, ambassadors, and leading scientists to deepen cooperation in the field of traditional medicine.

Key Initiatives and Launch

Key initiatives were presented by the Chinese side. Ye Jianchun, Governor of Jiangxi Province, showcased the region's achievements as a national demonstration zone for Traditional Chinese Medicine (TCM). Cui Li, Deputy Chairperson of the SCO Good-Neighborliness Committee, introduced initiatives to strengthen cooperation and improve personnel training. The central event was the launch of the multilingual SCO Information and Communication Platform on Traditional Medicine.

Presentation of the Russian Scientific Agenda

The forum served as an important platform for presenting the Russian scientific agenda. The N.A. Semashko National Research Institute of Public Health highlighted its systematic approach to integrating traditional methods into healthcare. A detailed report was delivered by the Head of the Scientific and Methodological Center for Traditional, Complementary and Integrative Medicine (SMC TCIM), established at the Institute in January 2025 — Doctor of Medical Sciences, Leonid Vladimirovich Kosmodemyansky. Dr Leonid is also the current LMHI NVP for Russia.



The N.A. Semashko National Research Institute of Public Health

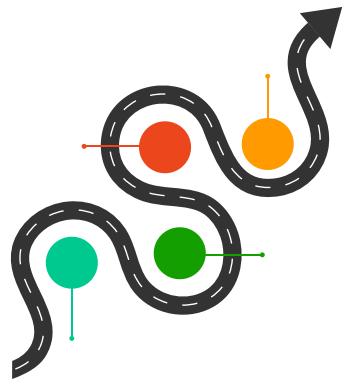
"The creation of the SMC TCIM is a highly relevant and timely step," emphasized L.V. Kosmodemyansky. "It not only aligns with the new WHO Strategy for TCIM for 2025–2034 but also responds to national needs, considering that TCIM methods are popular among 71% of Russia's population. Our key task is to conduct deep methodological analysis, develop evidence-based recommendations, and ensure the safe integration of traditional practices into modern healthcare, minimizing risks and maximizing benefits for patients."

Conclusion

The event opened a new chapter of practical cooperation in traditional medicine among SCO member states, underscoring its growing role as an important element of global healthcare.

Source:<https://nriph.ru/ob-institute/novosti/2025-10-forum-po-tradicionnoi-medicine>

ROADMAP FOR ADVANCING HOMEOPATHY WITHIN THE WHO: Global Traditional Medicine Strategy 2025-34



Dr. Raj Kumar Manchanda, LMHI Special Secretary for Organizational development & Public Policy

Background

The World Health Organization (WHO) acknowledges Traditional medicine as a vital part of global health systems. Its Global Traditional Medicine Strategy 2025–2034 seeks to promote universal access to safe, effective, and people-centered traditional, complementary, and integrative medicine (TCIM), thereby strengthening public health and well-being. Anchored in nine guiding principles, the strategy articulates four strategic objectives and eight priority directions, offering a clear roadmap of actions for Member States, WHO, and relevant stakeholders to support effective implementation.[1]

Homeopathy, recognized as a component of TCIM in nearly 100 countries, continues to hold significance across varied healthcare landscapes. [2] Its enduring integration, however, depends on harmonization with scientific evaluation, regulatory standards, and shifting societal expectations—while strengthening evidence-based approaches to support personalized, patient-centered care within public health systems.

With a legacy spanning over a century, the Liga Medicorum Homoeopathica Internationalis (LMHI) stands as a cornerstone of global homeopathic advancement. Active in more than 70 countries and supported by over 300 institutional members, LMHI has been a witness to—and driver of—the evolution of homeopathy across diverse healthcare systems. Its unique capacity to engage with a broad spectrum of stakeholders—including practitioners, researchers, industry leaders, academic institutions, professional associations, and civil society—positions LMHI as a vital force in strengthening homeopathy's global standing, fostering collaboration, and shaping integrative health policy worldwide.

Recognizing the pressing need for structured momentum, a ten-year blueprint is essential to rejuvenate, sustain, and scale up homeopathy within the broader TCIM framework. In step with the WHO Traditional Medicine Strategy and backed by supportive Member States such as but not limited to India, South Africa, Germany, Italy, France and Latin American nations, this initiative can serve as a catalyst for global progress in homeopathy. LMHI is well-positioned to chart this course—crafting a strategic roadmap that fosters coordinated action and facilitates the meaningful integration of homeopathy into national and global health systems. Tailored to regional and country-specific contexts, the plan must thoughtfully navigate historical legacies, cultural nuances, prevailing scepticism, and systemic barriers to unlock homeopathy's full potential.

A Ten-Year Roadmap (2025–2034)

Phase I: Foundation (2025–2027)

- Establish a Global Homeopathy Coordination Taskforce under LMHI.
- Map existing policies, institutions, and regulatory frameworks.
- Develop a Global Strategic Plan aligned with WHO TM Strategy: Brain storming sessions at regional level and with all the stakeholders proposed to be conducted between March 2026-June2026 along with the Webinars. (Exact dates will be communicated).
- The outcome of WHO summit in India in December 2025 and the Global Advocacy Roadmap (GAR) initiative of TCIH coalition (www.tcih.org) shall be utilised as background material.
- This plan proposed to be concluded and presented in next LMHI Congress in October 2026 (Mexico).

Phase II: Consolidation (2028–2030)

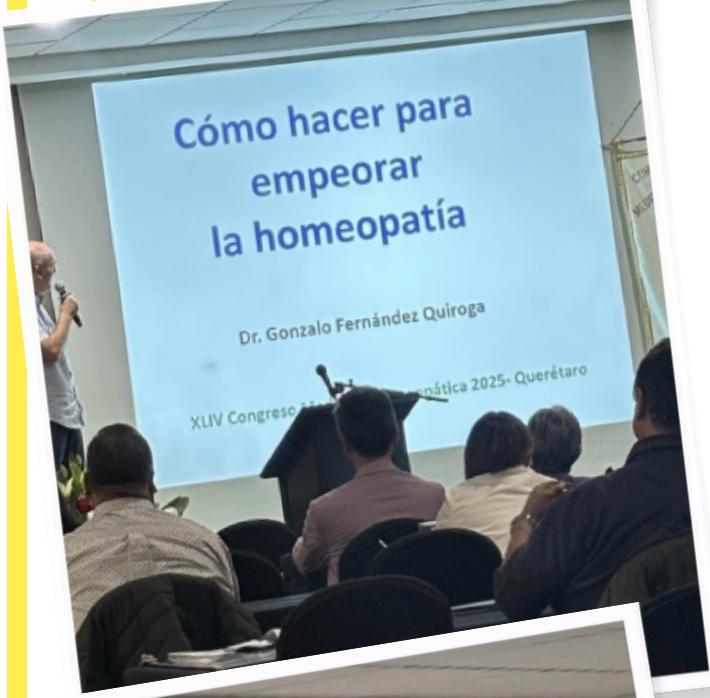
- Implement harmonized education and practice standards in member states.
- Push for multicentric Research projects/Systematic Reviews/Meta Analysis in priority areas.
- Protect Homeopathy in existing countries from rising scepticism.
- Integrate and revive homeopathy into national health systems in at least 5 -10 additional countries.

Phase III: Expansion and Sustainability (2031–2034)

- Institutionalize homeopathy within WHO's Centre and its Collaborating Centres. (GCTM India centre), University of Bern Switzerland, Some institutions in Germany, France, India, SA, LATEM, USA, UK and others. These will be identified with the help of National Vice Presidents (NVPs)
- Monitor and evaluate progress using key performance indicators (KPIs) aligned with LMHI objectives.

Notes

1. WHO. 2025. Global traditional medicine strategy (2025–2034). Available at: https://apps.who.int/gb/ebwha/pdf_files/WHA78/A78_4Add1-en.pdf [accessed on 15 June 2025]
2. WHO. 2019. WHO global report on traditional and complementary medicine 2019. Available at: <https://www.who.int/publications/i/item/978924151536> [accessed on 15 June 2025]



October 23 to 25, the XLIV National Congress of Homeopathic Medicine was held in the city of Querétaro, organized by the College of Homeopathic Physicians of the Center A.C.

This academic event brought together homeopathic physicians, researchers, and health professionals with the goal of updating knowledge, sharing clinical experiences, and discussing the future of the Homeopathy in Mexico and around the world.



XLIV NATIONAL CONGRESS OF HOMEOPATHIC MEDICINE, "STRENGTH AND UNITY" - MEXICO

Dr. Cinthya Torres

Pre-Congress Course

The event began with a pre-congress course taught by Spanish colleagues Gonzalo Fernández Quiroga and Guillermo Basauri Camiruaga, focused on physician–patient communication applied to homeopathic practice. The session addressed strategies to strengthen the therapeutic relationship and emphasized the importance of suggestive communication, both verbal and nonverbal.

First Day

The inaugural conferences covered topics such as contemporary medical ethics, academic training in homeopathy in Mexico, and integrative therapeutic proposals.

One of the most discussed presentations was given by Dr. Gonzalo Fernández Quiroga, titled “How to Make the Future of Homeopathy Worse?”, an intentionally ironic approach designed to stimulate critical reflection. Through this perspective, the speaker highlighted internal factors that have historically hindered the growth of homeopathy, including the lack of academic unification, limited systematic research, and insufficient use of clinical evaluation tools. His message underscored the need to strengthen training programs and professional self-assessment.

In the afternoon, clinical experiences related to asthma, oxidative stress, and the management of complex cases were presented, including inflammatory reactions following vaccination.

Second Day

Friday’s program included remote participation from renowned international experts, such as George Vithoulkas, who reflected on the role of homeopathy in the current global context.

The event also featured a virtual presentation by Dr. Atul Jaggi (India), who delivered the conference “Can Homeopathy Reverse Pathological Ossification in Soft Tissues?”. He shared the clinical progression of a documented case and provided relevant observations regarding therapeutic response and the possible influence of homeopathic treatment on inflammatory and abnormal ossification processes.

Later, María Fernanda Aguilar Dueñas presented her work, “Immunological Effect of Belladonna in Homeopathic Dilution in Healthy Patients: A Pilot Study,” offering preliminary findings related to immune response in study participants.

The day concluded with a series of academic integration activities designed to foster collaboration and exchange among participants. Attendees engaged in discussions, networking sessions, and reflective dialogues that strengthened the sense of community within the homeopathic medical field. The evening culminated with a gala dinner, where colleagues shared memorable moments in a warm and celebratory atmosphere, highlighting the spirit of unity and professional camaraderie that characterized the congress.

Third Day

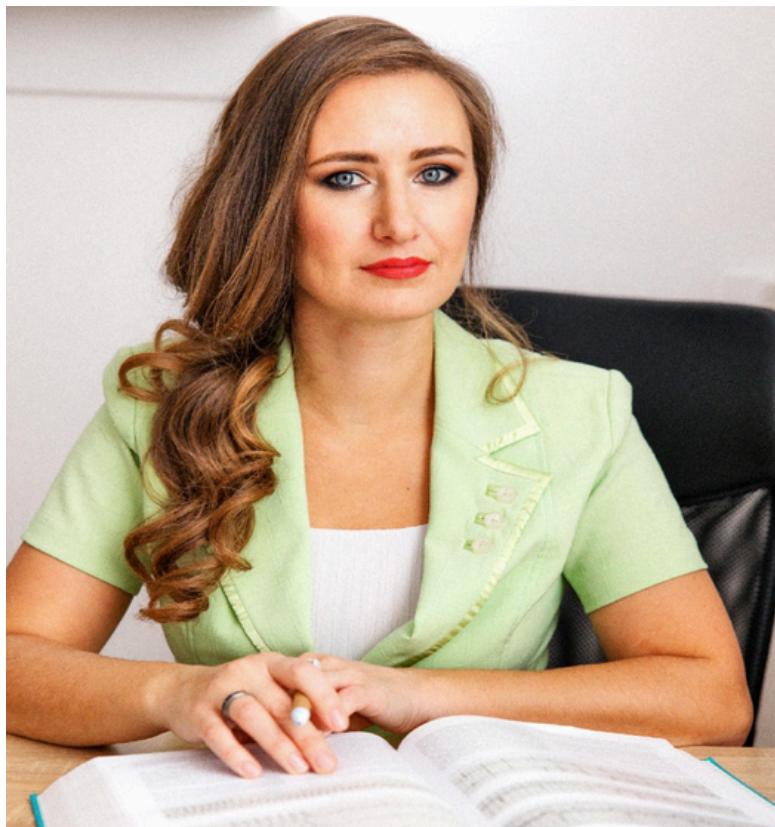
The final day's program featured two presentations focused on contemporary scientific perspectives.

Dr. Armando González Jaimes presented "Quantum Physics, Water, and RNA," addressing concepts from molecular biology and quantum physics applied to an integrative understanding of biological processes. Dr. Karina Acevedo Whitehouse delivered the lecture "Impact of mRNA Vaccines," explaining key aspects of immune response, mechanisms of action related to messenger RNA platforms, and their influence on recent public health developments. Both presentations generated strong interest and meaningful dialogue among attendees.

To conclude the academic activities, an official ceremony was held to award certifications from the Mexican Council for Certification in Homeopathy (COMECH), along with recognitions granted to outstanding physicians whose professional careers have contributed significantly to the development of homeopathy in Mexico.

From my personal experience, this congress reaffirmed the tremendous potential of homeopathy when it is grounded in research, open dialogue, and genuine collaboration among colleagues. Each lecture, reflection, and exchange enriched not only my clinical practice but also my commitment to a more human, ethical, and conscious approach to medicine. I leave deeply motivated to continue contributing to the growth of our discipline, with the certainty that collective work and critical thinking are essential to strengthening and dignifying homeopathy in Mexico and around the world.

MY EXPERIENCE WITH HOMEOPATHY



**OLGA DEMIR, MD,
GENERAL PHYSICIAN,
HOMEOPATH**

*Homeopath at Studio of Holistic Medicine "Panaceum" (Russia),
Homeopath at Via Homeopatica International Hotline.*

LMHI member, member of Russian Homeopathic Society and Hellenic Homeopathic Medical Society

I practice homeopathy as a unicist homeopath for 3 years. Being a homeopath and physician, I perform physical examination methods with patients, being supported with the help of the instrumental diagnostics methods.

Let me confess why I chose this challenging but interesting path being a homeopath. I could say that homeopathy itself chose me. Usually doctors come to homeopathy after disappointment, dissatisfaction with their work, when questions begin to accumulate, when they realize that “something is missing”, “something is going wrong” in the treatment of patients, there are no answers to many questions...

With me, everything was the other way around.
In a sense, I was lucky.

I initially came to medicine for the sake of and thanks to homeopathy. It all started with my own experience of healing with homeopathy.

Let's start with the fact that based on my previous educations, I am a medical translator and a musician. At that time I got some chronic health issue. Antibiotics and other strong drugs no longer helped, and much more, the symptoms went away for a while, but returned again, although doctors were saying that there was “nothing” in the tests, and that they could not offer anything more and I had to just get along and live with it.

One fine day, providence itself brought me to a homeopath. At that time, it was something new and unusual for me, I had never heard of homeopathy before, and since I was always open to experiments, I decided to give it a try, since after trying so many treatment methods the symptoms of the disease had been still causing constant discomfort.

The appointment with the homeopath turned out to be very different compared to a usual survey with a regular doctor. The doctor asked such questions that at first I did not understand how they related to my main complaint. After our conversation, a drug was prescribed, which, according to the doctor, fit the full picture of my condition, including my psycho-emotional personality traits and hereditary burden. This was something new!

But imagine my surprise when all the symptoms went away few days and after I took the prescribed globules! And, most importantly, they have not returned since then.

Time passed, then I was working as a translator at a medical university with foreign students, where I attended lectures, practical classes, operations. That's how I realized that I wanted to become a doctor.

It took years for this dream to come true. By the will of fate, I ended up in Greece, where I began to study medicine and homeopathy, "in the cradle" of classical homeopathy at the International Academy of Classical Homeopathy by George Vithoulkas

Homeopathy has become a treasure for me, in the full sense of the word. The more I practice it the more I'm convinced that I am on the right path.

So why homeopathy?

It is not just a field of medicine and a method of therapy, it is the science of life itself! It deeply touches on philosophical themes about the meaning of being, life, the structure of the universe and man, the knowledge of good and evil. I found answers to many questions for myself.

Secondly, homeopathy covers all medical disciplines, it is not divided into separate narrow specialties, just as a person is not divided into separate parts and organs, but is a WHOLE, and it must be treated as a whole, and not separately. Based on this, a homeopathic physician has extensive knowledge in all areas of medicine, from embryology, biochemistry and anatomy to surgery, pediatrics and psychiatry... For me, this is an incentive for constant development! Homeopathy also develops analytical thinking and intuition, teaches patience and acceptance.

Thirdly, homeopathy is able to act at such a deep level that not all methods of therapy are. Namely, it can influence epigenetics, hereditary "programs" and predispositions, change the vector of development and help to find a better version of yourself.

Homeopathy is, as they say now, an "ecological" method, it is based on the natural and logical laws of nature itself, to which all living things on Earth obey. Therefore, it can be used for all living beings, including plants and animals. Isn't that amazing?!

IN LOVING MEMORY OF



Dr. Vladimir Semyonovich Mishchenko

DEAR COLLEAGUES AND FRIENDS OF
THE RUSSIAN HOMEOPATHIC
COMMUNITY,

On behalf of the Liga Medicorum Homoeopathica Internationalis (LMHI), we wish to express our deepest condolences on the passing of Dr. Vladimir Semyonovich Mishchenko.

Dr. Mishchenko's departure represents a profound loss not only for the Russian homeopathic community but for the international homeopathic movement as a whole. As a visionary physician, a dedicated scholar, and a respected leader, he devoted his life to the advancement of homeopathy with unwavering integrity, wisdom, and professional commitment. His extensive contributions — including his long-term leadership of the Moscow Homeopathic Center and his co-authorship of *The Chronicle of Russian Homeopathy* — constitute a legacy of enduring significance that will continue to guide and inspire the global homeopathic community.

Many colleagues around the world remember Dr. Mishchenko as a mentor of exceptional character, whose generosity, dedication, and passion for the homeopathic art deeply influenced all who had the privilege of working with him.

In this time of sorrow, we stand in solidarity with his family, colleagues, students, and all members of the Russian Homeopathic Society. We extend our heartfelt sympathies and join you in honoring his memory.

May the legacy of Dr. Vladimir Semyonovich Mishchenko continue to strengthen and illuminate the path of homeopathy in Russia and internationally.

With profound respect and sincere sympathy,
Liga Medicorum Homoeopathica
Internationalis (LMHI)



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